



### **Testimonial from David Roth, Parishioner**

*When going to adoration, I'm sure it is different for everyone. I got involved with adoration in 2003 when I was looking for a woodworking project for a contest. I happened to read in the Leaven about a gentleman from Ascension parish, Paul Jablonski, who was making simple, wood Monstrances and giving them for free to anyone who asked for one, whether nationally or internationally. Since then, I have helped make and send Monstrances all over the United States, plus Honduras, Malaysia, Philippines, lower Africa, India, etc. Bishop Muldoon (our sister parish in Honduras), took our Monstrances to some woodworkers in his diocese, and they now build Monstrances for their parishes that are too far away to have weekly visits from priests. I began attending my own hour of adoration shortly after building those first Monstrances. It is great to realize that we are helping in some way to bring Our Lord to people who are too remote or too poor*

*to have a parish church of their own, but who can have adoration. I read the responses from the recipients of the Monstrances, and realize that they are praying in front of Our Lord, just like we are. When I go to adoration, I go once a week for one hour. I pray for people I know who need our prayers. Also, I pray for those who have passed away. I pray for those who I don't know, like those involved in current events. I pray for the souls in purgatory, for those who have no one to pray for them and for the graces to be delivered to whomever needs them most. And, I thank the Lord for all of the things He has done for our family and answering our prayers. When going to adoration it does take time and commitment. It is also a good time to study and reflect on readings from the bible. You get a better understanding of the readings when you reflect on them; I also use the study books from School of Faith, and read about the Lives of the Saints. Then my hour with Our Lord is over.*

*So until next week, see you then,  
David A. Roth*



### **Testimonial from Elizabeth McLenon, Parishioner**

*Hello my name is Elizabeth McLenon, many of you may know me as the mom with 6 boys. I was asked to write about why I visit Jesus in the Adoration Chapel. For me, an easier question might be "Why do you breathe?" Over the years quiet, uninterrupted time with Jesus has become essential to me. And the busier my life gets, the more I need that time to tune in to the voice of the Lord. As you can imagine, life with 6 boys can be very loud! And busy. It's easy to make excuses to not find the time for a Holy hour. There will always be some other thing to do, but we make time for the things we find important. How many of us would rearrange our schedules to have an hour with*

*the President or a favorite musician? Yet we have someone greater in the chapel. We have the King of Kings! He waits for us and longs to speak to us. If time is truly hard to find, then pray for the grace to find the time. Our heavenly Father who is so good will help make the time for you.*

*Perhaps you feel intimidated worrying about how to pray, that's ok; all Jesus asks is "Could you not spend one hour with me?" Jesus doesn't ask for our lengthy prayers or perfect litanies; He just asks for us to be with Him. In fact, His disciples who first did a Holy Hour fell asleep! I often just sit and bask in His grace, staring into the eyes of one I love. I think of that time like an adoring mother holding her new infant and just staring at his/her face, looking deeply into the eyes and drinking them in. That is how our Lord looks at us. He wants to hold us and drink us up! Allow the Lord to do that. Give Him one hour a week and He will transform your life.*